# **Motivations**



### In short

Participants meet on a personal level in this working method. It also gives room to get acquainted further and to ask each other questions on the theme.

The assignment – introducing each other to the group, using the answers obtained – forces participants to ask questions and listen attentively.

## **Outcome**

Exploring motivations makes it clear what the other person finds important in the research project.

## Approach

We work in pairs in this working method. Break-out rooms can be used for this purpose in online meetings. The pairs go through the first three steps. Step four takes place as a group.

- 1. Each participant notes down his own answer(s) to the following question: 'What ideas come to mind for you when thinking of [project theme]?' (5 minutes).
- 2. Exchange the answers given in step one and ask further questions about the given answers, in an open, honest and curious way (15 minutes).
- 3. Tell the other person about your personal motivation(s) for contributing to this research project (10 minutes).
- 4. Once back as a group, everyone tells the rest the core message (note) they heard from the other person (20 minutes). At the start of the working method, the process manager tells the participants that the contents will be shared in this fashion.

## Tips for the manager

You can make use of association cards for the first step.

#### **Bases**

This working method is based on the idea that people often bring their own experiences and beliefs with them, implicitly. By stating everyone's motivations clearly, you get an overview of the personal motivation before the content of the project is explored.

### **Materials**

Paper and pens