

STARting Honours course

Welcome!

STARting Honours course

* GOALS & ASSIGNMENTS

I. Personal development through reflection, with the help of different concepts/theories concerning themes like **identity, values&strenghts, leadership, power & influence** (during the classes as well as the project)

Who are you? What do you stand for? What kind of leader are you? What kind of influence tactics are you using? How do you use power in your personal/professional life?

Assignment 1 (individual)

II. Professional growth through design projects aimed to solve current societal issues

* Coached by 2nd year students (students who participated last year in the STARting Honours course)

Assignment 2 (group)

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- * **FORMS OF WORKING:**

- * (guest) lectures
- * flipped class – you present
- * workshops
- * crash course

- * **MINDSET: CO-CREATION**

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- * HOW DO WE WORK?
- * Creating a safe space
 - * Open
 - * Vulnerable
 - * Flexible
 - * Reflective
 - * Co-creative
 - * Trustworthy

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- * Combination of online and offline classes
 - * *depending on the corona situation, all classes might be online*
- * All course information in MStteams
- * 18-21 o'clock, on Wednesdays

Schedule and topics

	Topics	Date	Offline/online
Session 1	Introduction + Bonding with the coaches	9.02.2022	Face to face
Session 2	Crash course Design Thinking	16.02.2022	Face to face
Session 3	Identity + work on projects	23.02.2022	Online
Session 4	Values&strenghts + work on projects	9.03.2022	Online
Session 5	Guest lecture Josca Snoei: <i>Getting out of the comfort zone</i>	23.03.2022	Face to face
Session 6	Mid-term presentations and feedback + work on projects	30.03.2022	Online
Session 7	Guest lecture: Hedwigh Verbruggen: <i>Personal leadership</i>	20.04.2022	Online
Session 8	Flipped class: Leadership	11.05.2022	Online
Session 9	Power&influence + work on projects	18.05.2022	Online
Session 10	Final presentations	1.06.2022	Face to face

What the students say

- * *“The course was indeed very practical, easy to understand, and great for self-development. I enjoyed the environment of this class and working with like-minded students. I can say that it helped me to be more self-aware and better understand the consequences of my actions.”*
- * *“This course stimulates open-mindedness and gives the tools to become the 'leader' of tomorrow.”*
- * *“The concepts we covered were of huge value to me. I loved the new insights into personal leadership and development, as I really was able to make practical use of these new skills.”*
- * *“I want to thank you for making this course so interesting and insightful. I did not know what to exactly expect from it, but I am so glad I did it. Thursdays became my favourite days because we got to learn something new each time. My favourites were the lectures about identity, the crash course in design thinking and the lecture from Hedwigh. I think it was nice that we had different kinds of activities and not only listening to lectures. I also liked that you gave us some reflection questions to think about. And they really got me thinking and I had a lot of interesting conversations with family and friends about it.”*