

STARting Honours course

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STARting Honours course

- * **The first step towards developing Honours competences**
 - * Professional drive
 - * International/ global perspective
 - * Leadership qualities
 - * Innovation and dissemination
 - * Reflective practitioner



Star: Reflective practitioner, year 1

Goals & Assignments

I. Personal development through reflection, with the help of different concepts/theories concerning themes like **identity, values&strenghts, leadership, power & influence** (during the classes as well as the project)

Who are you? What do you stand for? What kind of leader are you? What kind of influence tactics are you using? How do you use power in your personal/professional life?

Assignment 1 (individual)

II. Professional growth through design projects aimed to solve current societal issues

* Coached by 2nd year students (students who participated last year in the STARting Honours course)

Assignment 2 (group)

Work forms

- * (guest) lectures
- * flipped class – you present
- * workshops
- * crash course (Design thinking)

Course schedule

- * Sessions planned on Wednesdays, 6-9pm
- * Face to face
- * online: one guest lecture

Course schedule

	Topics	Date: block C&D
Session 1	Introduction + Values and strengths	Febr. 26
Session 2	Crash course Design Thinking	March 4
Session 3	Identity + check on projects	March 11
Session 4	Guest lecture: Hedwigh Verbruggen: <i>Personal leadership (online)</i>	March 18
Session 5	Mid-term presentations and feedback	March 25
Session 6	Flipped class: Leadership	April 15
Session 7	Power&influence	April 22
Session 8	Final presentations	May 13

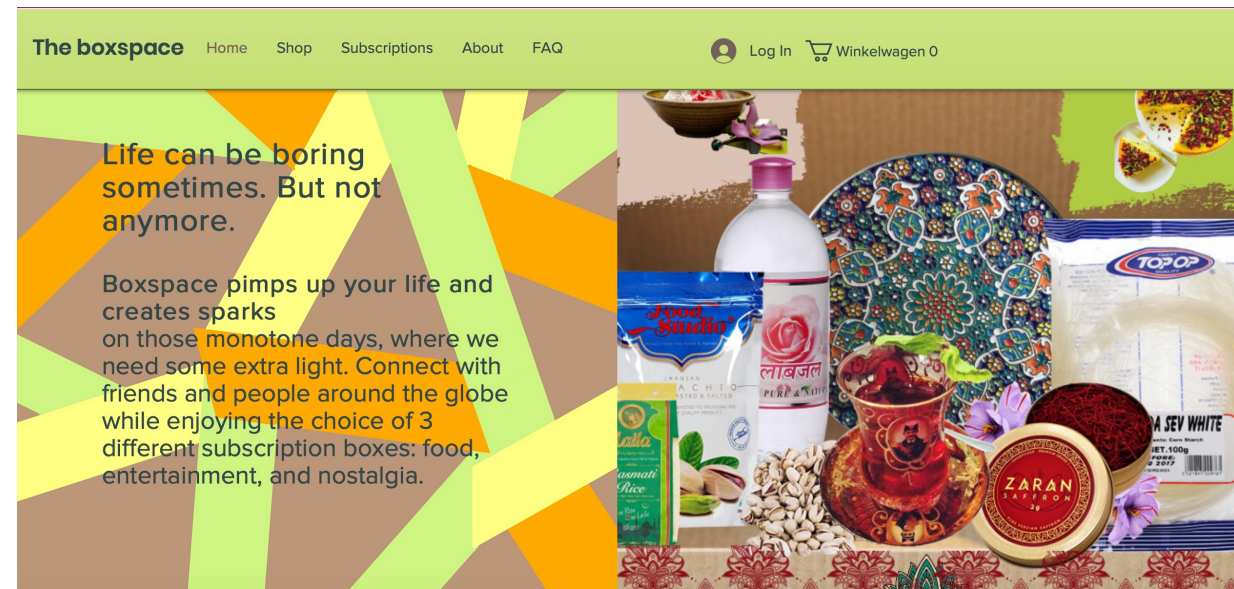
Classes are on Mondays, 6-8.30pm

How do we work?

- * Creating a safe space
 - * Open
 - * Vulnerable
 - * Flexible
 - * Reflective
 - * Co-creative
 - * Trustworthy

Design thinking project: the Boxspace

<https://ashleyuni20.wixsite.com/theboxspace>



What the students say

- * “The course was indeed very practical, easy to understand, and great for self-development. I enjoyed the environment of this class and working with like-minded students. I can say that it helped me to be more self-aware and better understand the consequences of my actions.”
- * “This course stimulates open-mindedness and gives the tools to become the 'leader' of tomorrow.”
- * “The concepts we covered were of huge value to me. I loved the new insights into personal leadership and development, as I really was able to make practical use of these new skills.”
- * “I want to thank you for making this course so interesting and insightful. I did not know what to exactly expect from it, but I am so glad I did it. Thursdays became my favourite days because we got to learn something new each time. My favourites were the lectures about identity, the crash course in design thinking and the lecture from Hedwigh. I think it was nice that we had different kinds of activities and not only listening to lectures. I also liked that you gave us some reflection questions to think about. And they really got me thinking and I had a lot of interesting conversations with family and friends about it.”