

STARting Honours course

STARting Honours course

- * **The first step towards developing Honours competences**
 - * Professional drive
 - * International/ global perspective
 - * Leadership qualities
 - * Innovation and dissemination
 - * Reflective practitioner



Star: Reflective practitioner, year 1

Goals & Assignments

I. Personal development through reflection, with the help of different concepts/theories concerning themes like **identity, values&strenghts, leadership, power & influence** (during the classes as well as the project)

Who are you? What do you stand for? What kind of leader are you? What kind of influence tactics are you using? How do you use power in your personal/professional life?

Assignment 1 (individual)

II. Professional growth through design projects aimed to solve current societal issues

* Coached by 2nd year students (students who participated last year in the STARting Honours course)

Assignment 2 (group)

Work forms

- * (guest) lectures
- * flipped class – you present
- * workshops
- * crash course (Design thinking)

How do we work?

- * Creating a safe space
 - * Open
 - * Vulnerable
 - * Flexible
 - * Reflective
 - * Co-creative
 - * Trustworthy

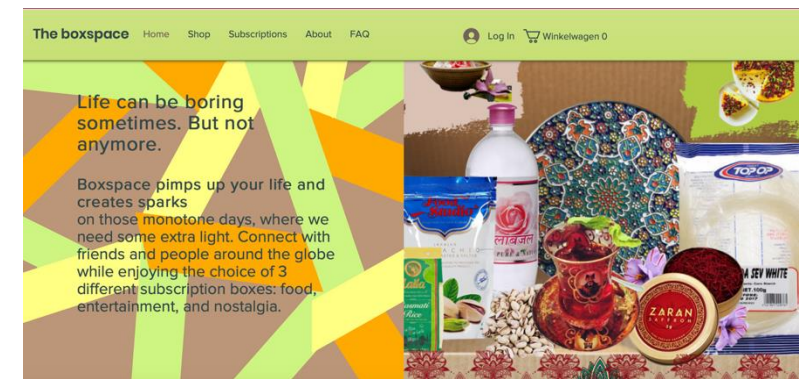
Course schedule

| | Topics | Date: block D |
|-----------|--|----------------------|
| Session 1 | Introduction + Values and strengths | April 15 |
| Session 2 | Crash course Design Thinking | April 22 |
| Session 3 | Guest lecture: Hedwigh Verbruggen: <i>Personal leadership (online)</i> | May 6th |
| Session 4 | Mid-term presentations and feedback | May 13th |
| Session 5 | Flipped class: Leadership | May 20 th |
| Session 6 | Power&influence | May 27th |
| Session 7 | Final presentations | June 3rd |

Classes are on Wednesdays, 6-8.30pm

Design thinking projects

- * Autonomy: you can choose the topic, something that really interest you, and you want to contribute to.
 - * Examples:
 - * Assisting shopping experience for people interested in sustainable shopping
 - * Improving the donation process for charities
 - * Connecting refugees with people who want to help
- * You can continue with the project in the form of a self-initiated project
- * The knowledge you get will help you in the regular curriculum



What the students say

- * *“The course was indeed very practical, easy to understand, and great for self-development. I enjoyed the environment of this class and working with like-minded students. I can say that it helped me to be more self-aware and better understand the consequences of my actions.”*
- * *“This course stimulates open-mindedness and gives the tools to become the 'leader' of tomorrow.”*
- * *“The concepts we covered were of huge value to me. I loved the new insights into personal leadership and development, as I really was able to make practical use of these new skills.”*
- * *“I want to thank you for making this course so interesting and insightful. Thursdays became my favourite days because we got to learn something new each time. I think it was nice that we had different kinds of activities and not only listening to lectures. I also liked that you gave us some reflection questions to think about. And they really got me thinking and I had a lot of interesting conversations with family and friends about it.”*

Interested?

* Email me: cristina.chisalita@hu.nl